

SHARE Food Network Provides
Discounted Nutritious
Groceries Every M onth!

# AUGUST 2025 MENU





Visit www.FrederickHealth.org/SHARE to request a call-back for ordering. For more information, call the Frederick Health SHARE hotline at 240-566-7427.



## Value Package: \$26

3.5 lbs. Chicken Thighs Tray Pack

1 lb. Ground Chicken

1 lb. Hotdogs

Value package includes 8–10 pounds of fresh fruits and vegetables!

#### ALL SPECIALS Limited quantity | All menu items subject to change



#### Crab Boil

4 lbs. Blue Crab; 1 lb. Shrimp; 0.8 lb. Sausage; 2 lbs. Corn on the Cob



**Labor Day Grill Box** 

5 lbs. Chicken Leg Quarters; 4 - 10 oz. T-bone Steaks; 1.6 lbs. Smoked Sausage



**Personal Pizzas** 

Personal Cheese Pizzas (12 count)

### Everyone can SHARE! Will you?

- 1. Anyone can request a call-back to order at www.FrederickHealth.org/SHARE.
- 2. For EBT payments or help with an order, call 240.566.7427 (SHAR).
- 3. Orders will be distributed from 8:30-10 AM on Saturday, August 23rd at Frederick Health Village.
- 4. Orders are due by 12 noon on Friday, August 8th.